

Wagoner Youth Football Association  
**Coaches Rules and Regulations**

EXHIBIT "C"

1. Coaches must attend a minimum of 2/3<sup>rd</sup> of the weekly practices. Attendance of games is mandatory.
2. All coaches must be 21 years of age, NYSCA certified (or equivalent) and will be required to participate in the following:
  - A. Coaches clinics
  - B. Viewing of films as presented by Wagoner Youth Football Association (WYFA).
  - C. Health and Safety Seminars or additional training as deemed necessary by WYFA
3. Head Coaches are responsible for all team uniforms and equipment issued by WYFA. Head Coaches will be required to follow all rules for the issuing of equipment. Head Coaches will be required to return all issued equipment within five days after the final game of the season/tournament.
4. A Coach will not transport any player/participant to or from practices or games.
5. The WYFA Board of Directors are empowered with the authority to limit, restrict or make changes as deemed necessary at all practices. Ankle weights, weighted vest, strength shoes, or any drills considered dangerous are prohibited by WYFA. Practice guidelines will be limited as follows:
  - A. 1<sup>st</sup> thru 8<sup>th</sup> Recreation league will have a maximum of 3 hours of practice per week and will be scheduled by the WYFA.
  - B. 1<sup>st</sup> thru 8<sup>th</sup> Select league will have no maximum of hours of practice per week.
  - C. Wednesday is not an acceptable day for practice. A coach having gained permission to practice on Wednesday, as an exceptional circumstance, will not be allowed to discipline a player/participant for non-attendance due to religious commitments.
  - D. Under no circumstances will Sunday be an acceptable day to practice.
6. All coaches will rationally discuss with a parent/guardian any problem or situation which might arise. Coaches are expected to resolve any grievances. If a solution is not reached, the coach is expected to direct the grievance to a coordinator or WYFA Board Member.
7. All coaches are prohibited to use profanity, abusive language, alcohol, and tobacco of any kind or conduct himself / herself in a manner that could be deemed offensive. These rules will apply to all practices and games.
8. All coaches will have the authority to discipline a player/participant during practice or games for reasons deemed necessary. The disciplinary guidelines are as follows:
  - A. A player/participant may be directed to sit on the bench.
  - B. A player/participant may be ejected/ removed from a practice or game.
  - C. If a player/participant is instructed to sit on the bench during practice and not called back, that player may be deemed absent from that practice.
  - D. A player/participant may be deemed ineligible for that week's game if they have missed 50% of practices during the week.
9. Head coaches will be held responsible for any and all moneys and/or merchandise turned into them by players/participants during the WYFA fund-raiser or scholarship programs.
10. Contracted coaches, eligible players, and officials will be the only persons allowed on the court. All parents and other personnel and children must sit in the stands.
11. All coaches will be voted on and approved by the WYFA Board of Directors on an annual basis. However, any coach can and will be removed from their position at any time if deemed necessary by the WYFA Board of Directors. WYFA reserves the right not to disclose reason/reasons for dismissal.
12. All coaches are expected to adhere to all rules and regulations as set forth by the WYFA and the Indian Nations Basketball Conference (INBC) in which the WYFA is affiliated.
13. Each WYFA team will use a WYFA designated photographer for all team pictures.
14. Violations of these rules by any coach of WYFA will result in one or more of the following actions:
  - A. Warning, verbal or written
  - B. Probation
  - C. Forfeiture of participation in practices or games
  - D. Fine
  - E. Suspension from WYFA limited or lifetime
  - F. NYSCA certification be removed